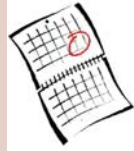


Upcoming Marketing Events



To truly appreciate the beauty of Riddle Village and all our community has to offer, we encourage you to join us for one of our exciting upcoming marketing events:

Tour and Luncheon featuring:
Guest Speaker Maureen Hughes
from Keller Williams

Tuesday, January 31, 2012 – 10:30am

Tour and Luncheon featuring:
Riddle Village's CEO Bob Bertolette

Wednesday, February 15, 2012 – 10:30am

Tour and Luncheon

Tuesday, March 13, 2012 – 10:30am

Tour and Luncheon

Tuesday, March 27, 2012 – 10:30am

Tour and Luncheon

Thursday, April 12, 2012 – 10:30am

Tour and Luncheon

Tuesday, April 24, 2012 – 10:30am

Seating is limited, so please RSVP early for each event by calling 610-891-3700



1048 West Baltimore Pike
Media, PA 19063



Riddle things mean a lot.



Volume 2 Number 2

Message from the President

During my many years in the retirement living industry, I found that most retirement communities were designed with only two dining venues. Typically these venues were a café option and a large “main” dining room. When looking back at the communities I worked for, there was one in particular that always stood out to me, because they only offered one large 8,000 square foot dining room for the residents to have their meals. I believe eating in the same restaurant every day can become very monotonous. People want choices and that is exactly what our residents find when they dine at our community.

Riddle Village has been expanding its dining venues over the years providing more options and flexibility for residents to experience. Residents and their guests can enjoy an assortment of meal options in various dining venues every day. Riddle Village has four dining venues to choose from. Each venue offers a unique menu and different hours of service to meet all our residents’ needs.

The Governour’s Inne is considered Riddle Village’s formal dining room. This elegant room offers full sit down wait service at every meal. This location features lunch Monday through Friday, dinner Monday through Saturday, Brunch on Sundays, and various other special dining events through out the month and holiday times.

The Chesapeake Room is our buffet-style dining room. This enjoyable venue is a casual setting for our residents. Wait staff is available to serve drinks and for any assistance our residents or their guests may have. The Chesapeake Room is opened to our resident’s Monday through Saturday for dinner. Take out service is also available from this dining room starting fifteen minutes before the dining room opens.

The Garden Terrace is our beautiful café, which is opened Monday through Saturday for lunch. The café provides cold and hot sandwiches, hot entrees, burgers, soups, salads, a dessert bar and much more. The café is also opened Sunday for dinner and Wednesday and Friday for breakfast. Located in the café, residents and guests can also enjoy complimentary soda, coffee, juice, and tea 24 hours a day, 7 days a week. As part of our continued desire to maintain the best quality services and atmosphere for our residents, this area is currently being reviewed for remodeling opportunities.

The Thoroughbred Lounge is Riddle Village’s newest dining venue offering upscale pub style food to our residents every Thursday and Saturday for lunch. This venue is also opened Monday through Saturday starting at 3pm to serve cocktails, wine, beer, and an assortment of different hors d’oeuvres before or after dinner. Cocktails are also available in the Governour’s Inne and Chesapeake Room during the evening hours.

To give our residents an even more enjoyable dining experience, Riddle Village implemented a Flex Dollar Meal Plan as of July 2011. Prior to this plan, Riddle Village was on a “one meal a day” dining program. In essence it meant that a resident had one meal every day at our community (lunch or dinner), and if they did not take advantage of that meal on that day, then they lost it and could not make up the meal at another time. We found this was a disadvantage to our residents. They had already paid for that meal upfront in the monthly fee and the program was not giving them many options.

With the Flex Dollar Meal Plan, residents are credited a dollar amount every month to use as they would like. This amount still provides for at least one meal a day if that is what a resident chooses, but it also leaves the flexibility for a resident to eat in more than one venue on one day, spend sometime relaxing with friends in the Thoroughbred Lounge or invite guests to dine without any additional charge. Another great feature of our new plan is that it allows residents to upgrade their meal with the Flex dollars for items such as filet mignon, lobster tail, shrimp cocktail, or lump crab meat cocktail. Our resident’s love the plan because it is giving them an opportunity to experience different dining venues and food options.

The options on how to use the new meal plan are endless. They even provide more flexibility in allowing residents to continue with life outside of the Village and not “lose” anything. It gives the residents the freedom to eat outside of the Village at their favorite restaurants, perhaps enjoy dinner and a show in nearby downtown Media, visit with friends in their old neighborhood, stop by their grandkids events and maybe get a quick bite with their family afterwards, or prepare their own meal in their spacious kitchens and never feel like they have missed the benefit of their “meal a day”. Whatever residents choose, this plan helps them achieve their ultimate retirement experience.

We would love for you to stop in and experience some of our multiple dining options!

Bob Bertolette, President/CEO of Riddle Village



VILLAGE LIFE

Riddle Village is proud to continuously enhance our beautiful community for all of our residents, staff, and guests to enjoy. We have recently completed the first phase of renovations to the second floor common area. Included in this renovation were the billiards room, art studio, Aster/Serpentine private dining room, TV lounge, and hallway. Prior to the renovation, Bob Bertollette, the CEO of Riddle Village presented samples of furnishings, fabrics and colors to residents to receive their personal feedback. All comments were welcomed. After a long process of planning, the renovations were completed quickly and with little inconvenience to our community. Please come visit Riddle Village and see the beautiful changes we have made.



Announcements

Riddle Village is currently offering exciting incentives. Please call to set up for a private appointment and learn more about our limited time incentive program!

Be sure to see the back page of *The Post* for Riddle Village's upcoming marketing events!

Riddle Village is excited to provide our residents with a new flexible meal plan beginning July 1, 2011. For more information on how this new meal plan benefits our residents and hopefully you in the future, call the marketing department!



Riddle Village has completed the renovations of the second floor common areas for our residents and guests to enjoy. Please visit and take a look at our beautifully renovated rooms!



Mission

Enrich the value of retirement living for our residents and the lives of those who support them.

Vision

Be the preferred community for retirement living.

1048 W. Baltimore Pike
Media, PA 19063-5168
610-891-3700
Fax: 610-891-3671
www.riddlevillage.org

Guest Suites

At Riddle Village, we strive to continuously offer amenities and services to our residents to always make their experience at our community enjoyable. For the comfort of our residents and guests, we offer three spacious guest suites for those who wish to visit residents of our community. At the low cost of \$76.30 per night, the smaller guest room accommodates four people. The two larger guest suites accommodate six people comfortably at a cost of \$97.01 per night. Residents are always welcome to have family and friends stay in their apartment, but the guest suites at Riddle Village give our residents another comfortable option to consider for their loved ones.



New Year, New You

Every year, a healthier lifestyle seems to be a top New Years resolution for many people. At Riddle Village, our community provides many opportunities to achieve a healthier lifestyle for our residents year round. The fitness center at Riddle Village is equipped with state-of-the-art machines and equipment that residents have full access to 24 hours a day 7 days a week. Bob Bush, the fitness coordinator is available during the week to orient residents with the equipment and create personalized fitness plans to help them reach their goals. The heated indoor pool and spa is opened from 8am to 9pm to all residents to enjoy as well. If you prefer to work out in a group setting, there are many opportunities through the week. Instructors come in at various times and days during the week for aquacise, yoga, stretching, fall prevention, and many other unique classes. These classes are available to our residents at no cost. Many of these classes are also available on DVD for those who prefer to participate in the sessions privately in the comfort of their home. A healthier lifestyle is not restricted to just fitness. The dining department provides our residents with notations on the menus to help them make healthy food choices. At Riddle Village we strive to provide our residents with many opportunities that allow them to enjoy many long healthy years!



Senior Health with Bob Bush

As Fitness Coordinator of Riddle Village, I make it my mission to reach all our residents and encourage them to take advantage of the many fitness opportunities offered in our community. There are many options for our residents to choose from. I can work with them one-on-one to create a personalized fitness plan, attend group fitness classes and use the pool and fitness center at their leisure. I am proud to say we now offer an additional way for our residents to stay active. Along with the help of many others, I created the first Riddle Village series of DVD's entitled "Bobby B's working towards Wellness." These were created to reach out to residents who want to be physically active, but feel more comfortable doing so in the privacy of their own home.



A group of Riddle Village residents helped demonstrate, film, produce and edit seven DVD's that covered the following topics:

- **Good Posture**
- **Proper Walking**
- **One Leg Balance to Avoid Falls**
- **Stretching**
- **Chair, Wall, and Standing Exercises**
- **Exercise Bands**

It is my hope that by continuing to establish exercise programs and resources for the residents of Riddle Village, they will continuously improve their health and obtain a greater quality of life.

In the Kitchen with Chef Sal Corn Bread Stuffing



Throughout the winter months, the marketing department will be hosting several open house events. I wanted to share with all of you an easy and delicious side dish you can serve to your loved ones on those chilly winter nights. Please join us to see what our community has to offer at an upcoming event, and end your day with a delicious meal I will prepare for you myself! Bon appetite!

Serves: 10 people

- 1 Green Pepper (Finely Chopped)
- 1 Medium Onion (Finely Chopped)
- 2 Garlic Cloves (Minced)
- 1 ½ Teaspoons Poultry Seasoning
- ¼ Cup Butter
- 3 Cups of Chicken Broth
- 8 Cups of Crumbled Corn Bread
- 2 Stalks of Celery (Finely Chopped)
- ½ Teaspoon Salt
- ½ Teaspoon Pepper
- 3 Eggs, Lightly Beaten

In a bowl, whisk together the eggs and chicken broth. In a separate bowl combine all other ingredients listed above. Add the bread mixture to the eggs and chicken broth. Stir together until moistened. Place the stuffing in a greased baking dish and bake, uncovered, at 350 degrees for 40-45 minutes. When the stuffing has that beautiful golden brown color, take it out of the oven and cover with aluminum foil until ready to serve. The final step and most important...enjoy!

Apartment Showcase

One Bedroom, One and a Half Bathroom Deluxe (Model E)

Step into a one bedroom, one and a half bath deluxe apartment at Riddle Village, and you will quickly see why our community is known for having the largest apartments in the area. With a little over 1100 square feet of space, you don't have to feel like you are down sizing, and you won't have to part with your favorite furnishings when you move to Riddle Village.

Walking into a one bedroom, one and a half bath deluxe, the first thing that will catch your eyes is the enormous living room. The Model E apartment is Riddle Village's largest of our four one bedroom model apartments, and is located at the corners of our residential buildings. This location gives residents living in this size apartment a unique advantage of two sun exposures; allowing for more natural light. The apartment also features a corner balcony so residents will have complete privacy any time they walk out to enjoy the fresh air.

Back inside the apartment, right off the kitchen is a half bath, where the washer and dryer are conveniently and discretely located. This bathroom is great for visiting guests and close to the main living area. The bedroom in our Model E is a generous size that will fit a large bedroom set and other furnishings comfortably. Towards the master bathroom there is a semi-walk in closet and a large side closet for storage and clothing. The full bath in this model has a large linen closet and a spacious layout. An added benefit to this apartment is the assigned indoor climate controlled garage parking space at no cost. This is a true benefit on those cold snowy winter days and rainy spring afternoons. To truly appreciate this one bedroom, one and a half bathroom deluxe apartment, you must see it!

To get a closer look at our Model E apartments, or any of the other nine apartment models Riddle Village has to offer, call the marketing office and schedule an appointment!

